



# C L GUPTA EYE INSTITUTE

## Clinical Internship - Optometry (July 2018 – July 2019)



**C L Gupta Eye Institute**

**C L Gupta School of Optometry**

**Moradabad-244001, U.P, INDIA**

Website: [www.clgei.org](http://www.clgei.org), e-mail: [optometryedu@clgei.org](mailto:optometryedu@clgei.org),

## **INTERNSHIP in CLINICAL OPTOMETRY**

The C L Gupta School of Optometry at CLGEI offers internship to optometry students who have completed the first three years of their undergraduate optometry course from a recognized school/college of optometry in India.

- **Program Duration: 12 months**
- **Entrance Test Date: 1<sup>st</sup> July, 2018**
- **Last date for Application Form: 25<sup>th</sup> June, 2018**
- **Program Commencing Date: 15<sup>th</sup> July, 2018**

### **Learning Objectives:**

- Patient Care
- Optometric Knowledge
- Practice-Based Learning and Improvement
- Interpersonal and Communication Skills
- Professionalism

### **Goals and Interns Responsibilities:**

The Internship program will be a One year program, and the minimum amount of time to be devoted to clinical work will be 6 days per week. This clinical work will consist primarily of clinical posting with optometrists / ophthalmologists and independent patient care. Teaching and other requirements will fill the remainder of the week.

There will be one advisor/mentor assigned to assist the interns in activities related to the program. The advisor will act as an advocate for the interns and will provide ongoing guidance to the interns during the program.

The interns will actively participate in department meetings & optometry grand rounds.

The interns will spend approximately 4 days in a month in vision screening program. The responsibility of the interns performing clinical testing and assisting camp team in planning of the school screenings with completion of necessary paperwork.

Emergency duties on Sunday and night emergency duties according to roster

### **Characteristics of the Program:**

- a) A journal club specific to the optometry program will be held at least four times during the program for each individual interns
- b) The interns will prepare and present lectures for the benefit of undergraduate/Diploma students.
- c) The interns also will be involved in maintaining of the logbook of the activities done during the program period. The interns will submit the filled logbook at the end of the 6th month and end of the 12th month to the respective advisor for comments.
- d) The interns will also submit one interesting case report to the advisor/mentor every month.

e) The teaching program will include: Studying pertinent literature as required, attending didactic lectures and presenting cases and journal articles.

f) Monthly or quarterly assessment tests

g) The interns have to submit one project at the end of internship

h) At the end of the program the interns would have either observed and/or independently handled at least 250 cases.

### **List of the Topics Covered in Program:**

#### **Refraction:**

Vision Checking  
Objective refraction  
Subjective Refraction  
Slit lamp Biomicroscopy  
Tonometry (Applanation)

#### **Vision Therapy:**

Basic squint evaluation  
Synoptophore  
Diplopia charting  
Orthoptic evaluation

#### **Lasik:**

Pentacam  
Aberrometry

#### **Contact Lens:**

Basic work up  
Soft contact lens fitting  
Toric contact lens fitting  
RGP contact lens fitting.  
Scleral Contact Lens fitting.

#### **Glaucoma:**

Tonometry  
Perimetry  
Gonioscopy  
Disc imaging

#### **Biometry:**

Keratometry  
A – Scan Biometry

#### **Community Ophthalmology:**

The candidates will be posted in the charitable wing of the hospital and has to attend the community outreach programs and vision screening camps in schools and colleges

### **Activity plan for Twelve months:**

#### **1st Month:**

- Orientation. Each interns will be given an individual instructor to teach basics.
- Rotation wise observation in different department

#### **2nd to 6th Month:**

- Attending morning classes with seniors.PPT presentation, Case presentation & journal article presentation according to schedule/roster
- Posting with seniors in different department on rotational basis.
- The interns will submit the filled logbook at the end of the 6th month

#### **6th to 12th Month:**

- Independent work-up in choice of Specialty area.
- Attending Vision screening Camps, posting in vision centers.Teaching of under graduate students (if required),
- Diagnostic Postings
- The interns will submit a project report at the end of the 11th month

## **ADMISSION PROCEDURE**

Student Recruitment: In accordance with the policies of the institute, a “student intern” means a student who

Is currently enrolled in a recognized school of optometry, and

Has successfully completed three years of education there without any backlogs.

### **Eligibility:**

The candidate should have completed their 3 years of optometry training (without any backlog/courses) from a recognized optometry school/college/institute.

All candidates who are willing to support their expenses on tuition, travel, boarding and lodging may apply for the program.

All interns must undergo a basic written exam and clinical skills assessment which includes objective refraction, subjective refraction and assessment of ocular health.

### **Course fees:**

The course fee is INR 50,000 (non-refundable) to be paid by demand draft in the name of “C L Gupta Eye Institute” payable at Moradabad.

### **Application instructions:**

1. Download the application form from [www.clgei.org](http://www.clgei.org) and fill in the details..
2. Attach attested copies of all the certificates (semester-wise/Year wise)
3. Attach provisional letter from your institute/school/college stating completion of 3rd year of Bachelor’s degree and mentioning eligibility to pursue internship at C I Gupta Eye Institute.
4. Any incomplete forms (including failing to attach all above mentioned) will be disqualified and not considered for admission exam.

## **CONTACT DETAILS**

Mr.jayant Jha  
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Snr.Optomestrist & Faculty  
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